As restrictions ease at different rates across the UK and Ireland we’d like to help you understand what you can and can’t do within the current regulations in England, Northern Ireland, Republic of Ireland, Scotland and Wales in relation to hill walking and climbing. This guidance is not designed to replace the advice being given by each government and has been simplified to provide a snapshot of the situation in each country. For the full picture please read the relevant government website and please check local tourist board and national park websites for local variations.

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| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Outdoor group size limitations** | **Distancing** | **Travel** | **Overnight stays** | **Camping** | **National Parks** | **Toilets and car parking** |
| **England** | 6 people from 6 households | 2m except where that’s not possible, in which case 1m with mitigation measures in place | No restrictions, avoid public transport if possible | Yes self-contained, booked in advance | Yes – check  for campsite closures before you travel | Open – check the relevant NP website for any restrictions | Some remain closed, check before you travel |
| **Scotland** | 8 people from 3 households | 2m | No restrictions, avoid public transport if possible | Yes self-contained, booked in advance | No | Open – check the relevant NP website for any restrictions | Some remain closed, check before you travel |
| **Wales** | Unlimited from 2 households | 2m | No restrictions, avoid public transport if possible | No | No | Open – check the relevant NP website for any restrictions | Some remain closed, check before you travel |
| **Northern Ireland** | 10-15 people (Mountaineering Ireland recommendation) | 2m | No restrictions, avoid public transport if possible | Yes | Yes – check campsite information before you travel | Open – check the relevant NP website for any restrictions | Some remain closed, check before you travel |
| **Ireland** | 10-15 people (Mountaineering Ireland recommendation) | 2m | No restrictions, avoid public transport if possible | Yes | Yes – check campsite information before you travel | Open – check the relevant NP website for any restrictions | Some remain closed, check before you travel |

**Links for more information**

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| --- | --- | --- |
|  | **Mountaineering council update** | **Government guidance** |
| **England** | [BMC - England update](http://t.tahdah.co/r/NTIwNzgy) | [UK Government](http://t.tahdah.co/r/NTIwNzgz) |
| **Scotland** | [Mountaineering Scotland latest](http://t.tahdah.co/r/NTIwNzg0) | [Scottish Government](http://t.tahdah.co/r/NTIwNzg1) |
| **Wales** | [BMC - Wales update](http://t.tahdah.co/r/NTIwNzg2) | [Welsh Government](http://t.tahdah.co/r/NTIwNzg3) |
| **Northern Ireland** | [Mountaineering Ireland latest](http://t.tahdah.co/r/NTIwNzg4) | [Northern Ireland Executive](http://t.tahdah.co/r/NTIwNzg5) |
| **Ireland** | [Mountaineering Ireland latest](http://t.tahdah.co/r/NTIwNzkw) | [Irish Government](http://t.tahdah.co/r/NTIwNzkx) |